

உறவு



URAVU

தமிழ் முத்த பிரசைகள் சங்கம்(நி.ச.வே) - பதிவு
TAMIL SENIOR CITIZENS' ASSOCIATION (NSW) Inc.

Editor : V.M. Thevarajan

OCTOBER 2013

NUMBER 1

VOLUME 24

Annual General Meeting 2013

The twenty second Annual General Meeting of the Association was held on 28 September in the school hall of the Homebush Boys High School

OUTGOING PRESIDENTS ADDRESS

Mr Shiva Pasupathi detailed the tremendous achievements during the last three years of his tenure as president. In particular he highlighted the 20th anniversary celebration, community harmony events and establishing a substantial fund for the building fund. He thanked the committee and members for the enthusiasm and support he received which made his task a pleasure.

INCOMING PRESIDENTS ADDRESS

Col Ramanathan the incoming president thanked the members for electing him and assured them that he would continue with the good work done by the outgoing committee. Although the task is tremendous and was not sure whether he had dipped his foot in the water without fathoming its depth he was confident that with the support of the members anything is possible. He welcomed members to suggest good speakers and continue the tradition of celebrating their personal landmarks with fellow members.

INCOMING SECRETARY THANKS

The new secretary Mr G Santhiran thanked the outgoing Committee for their excellent efforts to put the association in a very solid foundation thus enabling the new Management Committee to take the Association to greater heights. He thanked the members for their support and corporation and requested their continued support and enthusiasm towards the incoming Management Committee.

FUTURE VISION

The new Management Committee wishes to continue with all the activities like yoga sessions, arts and crafts, members excursions, visits to the elderly homes, indoor games and the cooperative housing project.

ELECTION OF OFFICE BEARERS

The Returning Officer declared the following elected, to the Committee of Management for the year 2013/2014:

President: Col. V Ramanathan
Vice President: Mr. S Velupillai
Secretary: Mr. G. G Santhiran
Treasurer: Mr. A. Naguleswaran
Asst. Secretary: Mr. K.S. Thisairasa
Asst. Treasurer: Mr. Charles Rajendram

Executive Members:
Mr. P Panchadcharam
Mr. P Paskaranathan
Mr. S. Ponmailainathan
Mrs. I Pathmanathan
Mr. V.M. Thevarajan
Mr. P Ponnusamy
Mrs. A Subramaniam
Mr. K . Thanga Raja

Auditor & Returning Officer: Mr. A Sivathondan .

Disciplinary Committee :

Ex Officio: Col. V Ramanathan
Past Presidents/ V. Presidents: - Mr Shiva Pasupathy, Dr. V. Karunakaran
Members : Mr. N.C. Rajanayagam, Mr. E. Wijeyaratnam

At the conclusion of the AGM Mr. Selliah VELUPPILLAI hosted lunch to celebrate his birth day

The New Executive Committee



Sitting (left to right) : Com. Memb. Mrs. I.Pathmanathan, Asst. Secy. Mr. K.S. Thisairasa, Vice President Mr. S. Velupillai, President Col. V. Ramanathan, Secretary Mr. G. Santhiran, Treasurer Mr. A. Naguleswaran, Com. Memb. Mrs. A. Subramaniam

Standing (left to right) : Com. Members : Mr. P. Paskaranathan, Mr. P. Panchadcharam, Mr. V.M. Thevarajan, Mr. S. Ponmailainathan, Mr. P. Ponniah, Mr. K. Thanga Raja

Not in the photo: Asst. Treasurer Mr. Charles Rajendram



ஆண்டுப் பொதுக்
கூட்டத்தில்
கலந்து கொண்டோரும்
அவர்களுக்கு
உரையாற்றும்
புதிய தலைவரும்
செயலாளரும்



Our activities

The Association meets at the community centre every Thursday at 9.30 for 10.00 am

MEMBERS' DAY

Every fourth Thursday will be a Members Day. Activity on this day will be announced over the community radios, by email and in our revamped website, www.tamilseniors.org.au

EXERCISE CLASSES

Light Yoga exercises will be conducted every first and third Thursdays in the Community Centre. Light lunch will be available after these exercises. All are invited to participate and gain some healthy benefit from these exercises.

உடற்பயிற்சி வகுப்புகள்

முதலாவதும் மூன்றாவதும் வியாழக்கிழமைகளில் இலகுவான யோகா பயிற்சிகள் நடாத்தப்படும். இதனைத் தொடர்ந்து வழமையான “அமுத சுரபி” மதிய உணவு வழங்கப்படும். அனைவரும் இதில் பங்குகொண்டு பயன் பெறுமாறு வேண்டுகிறோம்.

ARTS AND CRAFTS

Every second Thursday arts and crafts will be conducted in the community centre.

கலை மற்றும் கைப்பணி

ஒவ்வொரு இரண்டாவது வியாழக்கிழமைகளிலும் சன சமூக நிலையத்தில் கலை மற்றும் கைப்பணிகள் நடாத்தப்படும்.

INDOOR GAMES;

Every Thursday except on Members Day, members could play indoor games in the community centre.

உள்ளக விளையாட்டுகள்

அங்கத்தவர் தினம் தவிர்ந்த ஒவ்வொரு வியாழக்கிழமைகளிலும் அங்கதினர் சன சமூக நிலையத்தில் உள்ளக விளையாட்டுகளில் ஈடுபடலாம்.

MEMBERSHIP FEES

Membership Fees for the current year were due on 1 July 2013 and become payable not later than the last Thursday preceding the Annual General Meeting. Any member who has not paid his membership fees may lose their membership. Those who have not paid their

fees by the due date are advised to pay as soon as possible as these are now overdue, and avoid losing their membership.

Please note that the membership fees were increased to \$20 per member, at the last AGM.

Fees may be paid by direct bank deposit, at any branch of the Commonwealth Bank, or online banking. In either case members should provide the deposit slip or bank receipt, with their membership number and name inserted therein, to the Treasurer for identification and receipting. Scanned copy of the above slips/receipt could be emailed to the Treasurer Mr. A Naguleswaran anagul@hotmail.co.uk.

☎ 9631 1531.

Quite a few members have paid their membership fees in advance for a few years thus reducing the workload on the Treasurer.

Our bank account is in the Commonwealth Bank of Australia, Strathfield Branch. 38 – 40 The Boulevarde, Strathfield NSW 2135
Account name: Tamil Senior Citizens Association NSW.

In the deposit slip you may insert -TSCA NSW
Account: 062 256 1017 3352

அங்கத்துவ ஆண்டுச் சந்தாப்பணம்.

இவ்வாண்டுக்கான சந்தாப்பணம் 2013 ஜூலை 1ம் திகதிக்கு முன்பு வருடாந்தப் பொதுக் கூட்டத்திற்கு முந்திய வியாழக்கிழமைக்குப் பிந்தாது செலுத்தப்படவேண்டும். இதனைச் செலுத்தாதவர்கள் அங்கத்துவத்தை இழக்கலாமையால், கூடிய விரைவில் செலுத்தும்படி தயவாக வேண்டிக்கொள்ளப்படுகின்றீர்கள். கடந்த வருடாந்த பொதுக்கூட்டத்தில் சந்தாப்பணம் 20 டாலர்களாக உயர்த்தப்பட்டது என்பதை நினைவுபடுத்த விரும்புகிறோம். வழமைபோன்று நேரிலோ அன்றில் வங்கி ஊடாகவோ இதனை செலுத்தலாம்.

BIRTHDAYS, ANNIVERSARIES

Members are invited, as has been customary in the past, to host lunches to celebrate important events in your lives in the community centre and let fellow members enjoy the fellowship and celebrate or remember an event. Please

contact the Secretary to arrange this.

பிறந்த நாள் மற்றும் வருடாந்தக் கொண்டாட்டங்கள்.
கடந்த காலங்களைப்போல் அங்கத்தவர்கள்
தங்களது வாழ்க்கையின் பிறந்த நாள் போன்ற
கொண்டாட்டங்களை சக அங்கத்தினருடன்
கொண்டாடி மகிழவேண்டி அன்புடன்
அழைக்கின்றோம். இதனை ஒழுங்கு செய்வதற்கு
செயலாளரை தொடர்பு கொள்ளுங்கள்.

COMPUTER CLASSES

The use of the computers at our Boulevard office are open to every member. Kindly contact the secretary to arrange for a time convenient for both to utilize this facility.

கணனி வகுப்புகள்

போல்வாட்டிலுள்ள எமது பணிமனையில் உள்ள கணனிகள் உங்கள் பாவனைக்காக என்றும் உள்ளது. செயலாளருடன் தொடர்பு கொண்டு இருவருக்கும் வசதியான நேரத்தை ஒழுங்கு செய்து கணணியை பயன்படுத்திக் கொள்ளலாம்.

TAFE COURSES

Technical and Further Education Institute conduct various courses – Word Processing, Typing, Computer Basics and Skills, Handicrafts etc. These classes are conducted on a part time basis. Pensioners could follow one course a year at no charge – it is free. Persons interested should contact TAFE nearest to you and register for any course they wish to follow. Most courses commence early next year.

SRI LANKA GOVERNMENT PENSIONS

1. Persons who draw their Pensions/W & O P are reminded to submit their Life Certificate to the High Commission for Sri Lanka in Canberra at the beginning of each quarter. The Life Certificate for this quarter should be submitted in October. The Life Certificate should be certified by a person of good standing i.e Consul General/ Honorary Consuls for Sri Lanka, Government Officer, Doctor, Engineer, Accountant, Notary Public or Justice of the Peace

2. In case of a Widows' pension, an affidavit stating that the pensioner has not re-married, should be submitted once a year together with the first Certified Life Certificate of the year to prove the marital status, to the High Commission

3. In case of a death of a pensioner, the next of

kin has the responsibility to inform about the death in writing to the High Commission as soon as possible and they can apply for Widows' and Orphans pensions as applicable.

.Address: The Pensions Officer
Sri Lanka High Commission
61 Hampton Circuit
YARRALUMLA act 2600

Any person requiring any further information or help in applying for their civil or widows/widowers & orphans pension please contact ☎ 9875 4217 or ☎ 040 302 1838

More details and information and the necessary forms will be posted in our revamped website ☞ www.tamilseniors.org.au

OCTOBER

6 October 2013 – DAYLIGHT SAVING BEGINS IN NSW

Spring forward fall back.



Clocks go forward

Daylight saving will begin again in NSW on Sunday, 6 October 2013, when clocks will go forward one hour at 2:00 am.



Please roll your clocks **forward** one hour before going to bed on Saturday, 5 October 2013

SATURDAY 19 – Visit to the Great Moscow Circus.

Featuring renowned Russian performers along with its rich tradition and enviable reputation. The Great Moscow Circus remains the standard by which others are judged. We are privileged to bring you this exciting ALL NEW show emphasises the brilliance of Russian Circus, with an explosive array of acts like never before, featuring extraordinary skills and ability. "FANTASTIC" "EXTRAORDINARY" "AMAZING" ... whichever expression you use, it will leave you spellbound. You will see an exhilarating exhibition of Circus at its very best! SO HERE IS A SNEAK PREVIEW OF WHATS

ON OFFER ALL NEW SHOW – Bigger, Better, Brighter than ever. A stunningly visual array of high tech lighting and elaborate costumes. 20 superb acts from Russia and around the World. A programme to thrill and amuse from fun filled Clowns to elegant mastery. 2 hours of “edge of the seat” entertainment and head spinning virtuosity. A show to live long in your memory ignite you with this explosive all new show. Be there if you dare!! – It’s just TOO GOOD TO MISS!!

Cost \$40 (pensioners rate) per person reserved seats, travel by train and bus using your pensioners card at \$2.50 each, to Rofe Park, Hornsby Heights

Leaving Strathfield Station 2.28 pm direct to Hornsby Station – assemble at Strathfield Station Albert Rd side 2.00 pm preferably with your Pensioner Excursion Ticket.

Reservations with the Treasurer Mr Naguleswaran by noon Thursday 10 October.

MEMBERS DAY – THURSDAY 24 OCTOBER
Deepavali Celebrations in the community centre.

Music recital by Dr. Sivarathy Ketheeswaran.

Speech by : Mrs. Balam Lakshmanan

தீபாவளி கொண்டாட்டம்

இன்னிசை – டாக்டர் சிவரதி கேதீஸ்வரன்

சிற்றூரை – திருமதி பாலம் லக்ஷ்மணன்

தலைப்பு : “ஒளியை வாழ்த்துவோம்”

Jesmond Aged Care Facility – Thursday 31 October

It is planned that we visit the Jesmond Aged Care Facility, 81 – 85 Albert Rd, Strathfield, at 10.30 am on 31 October 2013, entertain the inmates, and serve them short eats. Those who are interested in participating and prepared to donate short eats please contact K Thisairasa ☎ 9748 3226

INDOOR GAMES COMPETITIONS - entries close Thursday 24 October Tournaments to highlight the Seniors’ Week 15 – 23 March 2014 will be held in the community centre:

1. Contract Bridge
2. Carom - Singles
3. Carom - Doubles
4. Chess
5. Draughts
6. Scrabble
7. Table Tennis – Singles
8. Table Tennis – Doubles

Any member may participate in only any three of the above.

Members who wish to participate in these games are requested to give their names to one of the sub-committee members: P Paskaranathan ☎ 9643 1907 or Murugesu ☎ 9763 1125 by 12.00 noon on Thursday, 24 October 2013.

Draw will be placed on the Notice Board on or before Thursday, 7th November 2013 and the first games will commence at 10.00 am on Thursday 7 November 2013. Games will be played off on Thursdays as scheduled or earlier with prior arrangements with the competitors concerned, and the Chairman of the sub-committee. If any player, does not turn up by 10.00 am on the day of the competition a walk over will be conceded.

Entries close: 12.00 noon Thu, 24 Oct

Competitions commence: 10.00 am Thu, 7 Nov 2013

Awards

Awards will be given away on Thursday, 27th March 2014 (Seniors Week) preceded by a softball cricket match in the Airey Park, Bates St Homebush.

Competitive games for the elderly will be held on Thursday 20 March 2013 in the Airey Park

MEMBERS DAY – 28 NOVEMBER

Dr Sithamparapillai THAVASEELAN will deliver a talk on General Health issues for Seniors

DECEMBER

Christmas Celebrations – Saturday, 21 December.

Christmas celebrations will be held in the Carrington Church Hall, 39 Carrington St, Strathfield from 4.00pm to 6.00 pm on Saturday, 21st December.

Carol singing

Santa Claus will arrive with gifts

Grandparents wishing to give gifts to their grandchildren could bring them along to be distributed by Santa Claus. The gifts should be labelled with the child's name and handed over at the hall.

The celebrations will conclude with a fellowship tea in the hall.

All members and their guests are cordially invited to join us in this celebration.

நத்தார் கொண்டாட்டம்-சனி 21 திசம்பர்

ஸ்ரத்த்பீல்டு கறிங்ரன் வீதியில் உள்ள கறிங்ரன் கோயில் மண்டபத்தில் மாலை 4.00 முதல் இரவு 6.0 வரை நத்தார் கொண்டாட்டங்கள் இடம்பெறும்.

பேரப்பிள்ளைகளுக்கு பரிசுகள் கொடுக்க விரும்பும் பேரர் அவற்றிலே தம் பேரப்பிள்ளைகளின் பெயரை ஒட்டி மண்டபத்தில் கொடுத்தால் சாந்தப்பர் அவற்றை வழங்க உதவியாக இருக்கும். ஒன்றுகூடல் தேனீர் விருந்துடன் முடிவடையும்.

முத்த பிரசைகள் தம் விருந்தினருடன் கலந்துகொள்ளும்படி அழைக்கப்படு கிறார்கள்.

Christmas Lights Tour – Monday 23 December By Luxury Coach

Depart from pick up point Strathfield Station Albert Rd side 6.00 pm

Stop 1 Dinner at a spot with benches and toilet facility. Bring your own dinner.

Stop 2 Picton Shops.

Sheepdogs, to bring the sheep into yards - YARD WORK

5. Stockman and sheepdogs work together - SHEEP SHEARING DEMONSTRATION

Stop 3 Christmas Lights Camden, Cascades Mt Annan.

Stop 4 Camden Park, enjoy a light supper.

Stop 5 Return to Strathfield Station E T A 10.00 pm. Phone facility will be available to arrange pick up at Strathfield Station if necessary.

Cost \$ 35 per person, reservations and payment to the Treasurer A Naguleswaran, ☎ 9631 1531, by Thursday 19 December.

A minimum of 48 participants required to make it viable.

No Members' Day in December

திசம்பரில் அங்கத்தவர் தினம் இடம்பெறாது.

JANUARY 2014

THAI PONGAL CELEBRATION

Thai Pongal celebrations will be held in the Homebush Boys High School Hall, from 6.00 pm to 8.00 pm on Saturday, 11 January 2014.

தைப்பொங்கல் கொண்டாட்டம்

தைப்பொங்கல் ஹோம்புஷ் ஆடவர் பாடசாலை மண்டபத்தில் சனிக்கிழமை 11 ஆம் தேதி ஜனவரி 2014 இலே மாலை 6.00 முதல் இரவு 8.00 வரை கொண்டாடப்படும்.

MEMBERS DAY – Thursday 23 January

Mr. Bagavadas Sriskanthadas will speak.

திரு. பகவதாஸ் சிறிஸ்கந்ததாஸ் அவர்கள் “கம்பன் கற்பனையில் தாடகையும் அகலிகையும்” எனும் தலைப்பில் உரையாற்றுவார்.

Saturday 15 February

Visit to a Sheep Station - Depart from pick up point Strathfield Station Albert Rd. Plaza side at 9.00 am

- 1 10:15 am **ARRIVAL** - Met by a Stockman on horseback.
- 2 Assemble at Drovers' Camp - BILLY TEA AND DAMPER
- 3 Around the campfire - MUSTERING
4. Stockman on horseback works with the

Guests can try their hand at shearing

6. Wool Room Talk - Learn about one of Australia's biggest and oldest industries

7. 12.15 pm LUNCH. Bring your own

8.. WHIP CRACKING AND BOOMERANG THROWING ACTIVITIES

Enjoy these hands-on activities, where guest participation is encouraged.

9 2:15 pm DEPARTURE

Cost \$28 + Coach \$20 = \$48 per person

Reservations and payment to the Treasurer A Naguleswaran, ☎ 9631 1531, by Thursday 6 February.

A minimum of 48 participants required to make it viable.

MEMBERS DAY - Thursday 27 February

Mr. Thirunanthakumar will speak.

MARCH

8 Saturday – 930 am BENSOC AGM in the Homebush Boys High School, unless notified otherwise in the notice convening the meeting.

20Thursday – 10.00 am Games for the Elderly at Airey Park

MEMBERS DAY - Thursday 27 - Cricket and awards ceremony

APRIL

6 - DAYLIGHT SAVING ENDS



Clocks go back

Daylight saving ends in NSW on Sunday, 6 April 2014, when clocks go back one hour at 3:00 am.



Please roll your clocks **backward** one hour before going to bed on Saturday, 5 April 2014

Monday, 14 April

Special Prayers and religious rites at Sydney Murugan Temple 10.30 am Monday, 14th April to usher in the New Year. All Seniors and well wishers are invited to attend.

புத்தாண்டு வழிபாடு

சித்திரைப் புத்தாண்டு எதிர் வரும் ஏப்ரல் மாதம் 14 ஆம் தேதி. கிங்கட்கிழமை பிறக்கின்றது. அன்று தமிழ் மூத்தபிரசைகள் சங்கத்தினர் சிட்னி முருகன் கோயிலிலே விசேட பூசை ஆராதனைகள் ஒழுங்கு செய்துள்ளனர். தமிழ் மூத்த பிரசைகள்

வந்தது தீபாவளியே !

வந்தது தீபாவளியே
வாழிய தீபாவளியே

(வந்தது)

சுந்தரத் தமிழிலே சிந்துகள் பாடியே
மங்கள மாகநாம் மாயவன் கழல் தொழ

(வந்தது)

பங்கயக் கண்ணன் பரந்தாமன் அரவிந்தன்
சங்கேந்து சக்கரன் சாரங்கன் அனந்தன்
பொங்கும் அருள்வரதன் வெங்கடேசன் மாயன்
செங்கமலச் செல்விகாந்தன் திருவரங்கன் எனப் போற்ற

(வந்தது)

----இளமுருகனார் பாரதி----



ஆலயத்தில் கூட்டுப் பிரார்த்தனையில் எம் அங்கத்தினர்



29.05.13 –கையில் சிலம்புடன் சிலப்பதிகாரம் தொடர்பில் உரையாற்றும் திரு. பகவதாஸ் சிறிஸ்கந்தாஸ்.



29.04.13 – அன்னையர் தினத்தில் உரை நிகழ்த்தும் திருமதி கார்த்தியாயினி கதிர்காமநாதன்.



13.06.13 – ஆன்மீகச் சொற்பொழிவாற்றும் திரு ஏ.கே. அங்கஜன்



29.08.13 – பாட்டுக்கு பாட்டு நிகழ்ச்சியில் பங்குபற்றியோர்



DIARY OF EVENTS AT THE STRATHFIELD COMMUNITY CENTRE (1B Bates St, Homebush), AND OTHER ACTIVITIES

Every fourth Thursday of the month is Members' Day

Every Thursday, except on a Members' Day, Indoor Games, Knitting Classes, Painting Classes, yoga exercises and sundry activities are held, commencing at 9.30 for 10.00 am.

October

- Sunday 6 3.00 am, Daylight Saving begins in N S W
- Thursday 10 Navarathiri celebrations
Reservations close for Moscow Circus
- Saturday 19 2.00 pm Assemble Strathfield Station, Albert Rd, Plaza side, for departure to Moscow Circus
- Thursday 24 10.00 am Members Day – Deepavali Celebrations
- Thursday 31 12.00 noon Indoor Games Competitions entries close

November

- Thursday 7 10.00 am Indoor Games competitions commence
- Thursday 28 10.00 Members Day – Dr S Thavaseelan talk on General Health Issues for seniors

December

- Thursday 19 11.00 am Registration for the Christmas Lights Tour closes
- Saturday 21 4.00 to 6.00 pm Christmas Celebrations – [Carrington Church](#)
- Monday 23 6.00 pm Christmas Lights Tour

No members' Day in December

2014

January

- Saturday 11 Thai Pongal Celebrations – 5.45 for 6.00 pm to 8.00 pm, in [Homebush Boys High School](#)

தைப்பொங்கல் கொண்டாட்டம் – ஹோம்புஷ் ஆண்கள் உயர் பாட சாலை
மண்டபத்திலே (5.45) 6.00 முதல் இரவு 8.00 வரை

- Thursday 23 Members' Day - Bhagavadas Sriskanthadas “கம்பன் கற்பனையில் தாடகையும் அகலிகையும்” எனும் தலைப்பில் உரையாற்றுவார்.

February

- Thursday 6 Registration for visit to Sheep Station closes
- Saturday 15 Visit to a Sheep Station
- Thursday 27 Members Day – Mr Thirunanthakumar will speak

March

- Saturday 15 – Sunday 23 Seniors Week
- Thursday 20 10.00 am Competitive Games for the elderly at [Airey Park](#), Bates St, Homebush
- Saturday 22 9.30 am BENSOC AGM in the [Carrington Church Hall](#), unless notified otherwise in the notice convening the meeting
- Thursday 27 Members' day
- 9.30 am Soft ball Cricket Match at the [Airey Park](#)
- 12.00 noon Awards ceremony in the community centre