

தமிழ் மூத்த பிரசைகள் சங்கம் (நி.ச.வே) பதிவு

‘உறவு’

‘URAVU’

செய்தி மடல்

News Letter

Tamil Senior Citizens' Association (NSW) Inc.

AUGUST 2023

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வருடாந்தப் பொதுக் கூட்ட அறிவித்தல்

தமிழ் மூத்த பிரசைகள் சங்கத்தின் முப்பத்தோராவது வருடாந்தப் பொதுக் கூட்டம் 2023ம் ஆண்டு செப்ரெம்பர் மாதம் 28ம் திகதி வியாழக்கிழமை, மு.ப. 9.30 மணியளவில் பிளெமிங்டன், ஹம்ஸ்டட் வீதி, இலக்கம் 52 இல் அமைந்துள்ள ஹோம்புஷ் மேற்கு சனசமூக நிலையத்தில் நடைபெறவுள்ளது

நிகழ்ச்சி நிரல்

1. தலைவர் அறிக்கை.
2. 2022 வருடாந்த பொதுக் கூட்ட அறிக்கையினை உறுதிப்படுத்தல்
3. முகாமைத்துவக் குழுவின் வருடாந்த அறிக்கைகள் ஆய்வு. (2022/2023)
4. கணக்காய்வு செய்யப்பட்ட நிதி அறிக்கைகளின் ஆய்வு (2022/2023)
5. வருடாந்த அங்கத்துவச் சந்தா பற்றி மறு பரிசீலனை செய்தல்.
6. வேறு விடயங்கள் யாதாயினும்.
7. 2023/2024 ஆண்டுக்கான முகாமைத் துவக் குழு தேர்வு.
8. ஒழுக்காற்றுக் குழுவுக்கான அங்கத்தினர் தேர்வு.
9. தேர்தல் அலுவலர் ஒருவரை நியமித்தல்.
10. கணக்காய்வாளர் ஒருவரை நியமித்தல்.
11. கூட்டம் நிறைவு காணல்.

முகாமைத்துவக் குழுவின் பணிப்பின் பேரில்.

பொ. இளங்கோ  
செயலாளர்,  
தமிழ் மூத்த பிரசைகள் சங்கம்.

Notice of Annual General Meeting

Notice is hereby given that the thirty-first Annual General Meeting of the Tamil Senior Citizens' Association (NSW) Inc. will be held on Thursday 28<sup>th</sup> September 2023 at 9.30 a.m. at Strathfield Council Homebush West Community Centre at No.52 Hampstead, Homebush West, NSW 2140.

**Business:**

The business of the Annual General Meeting shall be as follows:

1. Message from the President.
2. To confirm the minutes of the AGM held in 2022.
3. To receive and consider the Annual Reports of the Committee of Management. (2022/23)
4. To receive and consider the Audited Annual Financial Statements. (2022/23)
5. To review the Annual Membership Subscriptions.
6. Any other business.
7. To elect the Committee of Management for the ensuing year 2023/2024.
8. To elect members of the Disciplinary Committee.
9. Appointment of a Returning Officer.
10. Appointment of an Auditor.
11. Close of business.

By order of the Management Committee.

P. Elango  
Secretary,  
Tamil Senior Citizens' Association





Seated :- Exec. Members : Mrs N. Naguleswaran, Mrs. K. Sivanandarajasingam, Secretary Mr.P. Elango, President: Mrs S Suntheralingam, Treasurer: Mr N Thuraisingham, Exec. Member. Mrs N Yogarajah

Standing : Exec. Members Messrs.: A Arumuganathan, V Santhirasegaram, M Mohankumar, Vice President: Mr K Ratnakumar, Exec. Member Dr A Ganeshalingham

Inset : Exec. Member Mr K Thangarajah, Asst. Treasurer: Mr R Manickarajah, Asst Secretary: Mr R Shanmuganathan

**2023 – BOARD OF TRUSTEES OF THE TAMIL SENIOR CITIZENS' BENEVOLENT SOCIETY (NSW) Inc**



Seated : Asst. Treasurer Mr N Thuraisingham, Secretary Mr S Ketharanathan, President Mr A Perumynar, Treasurer Mr N S Thiru, TSCA Rep. Dr R K Pillay

Standing : Asst. Secretary Mr K Kalvalai Seyon, Asst. Secretary Mr V Santhirasegaram, T.S.C.A. Rep. Mr. R. Ratnakumar,

Inset :- Asst. Treasurer Mr. S. Logendran

## **Minutes of ANNUAL GENERAL MEETING 2021- 2022 held on 29th September 2022**

### **at Strathfield Town Hall, Homebush Rd., Strathfield.**

The 30<sup>th</sup> Annual General Meeting of the NSW Tamil Senior Citizens Association was held from 10.04 am on Thursday 29 September 2022 at Strathfield Town Hall, Strathfield. After ascertaining that the required quorum is present the President, Mr. P Panchadcharam, declared opened the meeting. There were 99 members in attendance.

The meeting started with the lighting of the traditional lamp by past presidents of TSCA Mr Samy Pasupati, Mr Santhiran, Mr Suntheralingam, Mrs Padma Thangarajah and Mr Sivathondan. This was followed by the rendition of the Australian National Anthem by Mr Elmo Xavier and Mrs Shanthi Xavier, 'Thamizh Mozhi Vazhlithu' by Mr Bala Thiru and Mrs Vimala Vigneswaran and the Association Anthem by Mrs Kanagambikai Jeganathan.

The names of 25 members who had passed away after the last Annual General Meeting were read out by the President, and a two-minutes silence was observed in their memory.

### **PRESIDENT'S ADDRESS**

President in his address said that he had been in the committee many times and this is his third continuous year recently. He thanked the past presidents, executive committee members, subcommittee members and the association members for their support during his period as the president for the successful functioning of the Association. He promised to support the future executive committees.

Due to Covid the weekly meetings were held via Google Meet till 16/06/2022. Since then, the meetings are taking place face-to-face at Bates Street Centre. When the meetings were held via Google Meet, we were able to invite speakers from overseas and interstate.

### **Minutes of the Previous AGM**

Next, the Minutes of the previous AGM held on 9<sup>th</sup> December 2021 which was circulated with the Notice of AGM was taken as read. Mr Prabakaran said that he supported the idea to have the weekly meetings on Saturdays instead of Thursdays whereas the minutes says that he opposed it. This was accepted. With this correction the minutes is proposed as a correct record of the proceedings of the AGM, proposed by Mr Bala Thirunavukkarasu and seconded by Mrs Pathma Thangarajah and was adopted.

### **Annual Report for the year 2021-22**

The above Annual Report which was circulated with the notice of AGM taken as read. There was no further discussion on this.

### **Financial Report for the year 2021-22**

The Financial Report for the year 2021-22 which was circulated with the AGM Notice was proposed as a correct record by Mr S Logenthiran and was seconded by Mr K Kunaseelan. It was unanimously adopted.

Mr S Logenthiran asked about the donation of \$800 in the accounts and the treasurer clarified this as the donation to Track Australia to help the Tamil youths who were financially distressed due to Covid.

### **Review of the Annual Subscriptions for Membership**

Mr S Logenthiran proposed that the subscription \$20 per year should continue and Mr S Ponmailainathan seconded. The house unanimously adopted this.

### **Any other business**

Mr S Logenthiran suggested that the TSCA publish magazine on health issues relevant to the seniors. This was noted.

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Mr K G Sathyasingan suggested that the money in the bank fixed deposits could be invested to give better return. Secretary indicated that high yielding investments carry high risk also. Mr Sathyasingan mentioned there are risk-free investments and that he is willing to discuss this further with the new committee. Mr K Ratnakumar mentioned that the constitution needs to be amended if we are to invest the TSCA money anywhere other than bank fixed deposits.

Following the above discussions the President invited the Returning Officer to elect the new members of the Management Committee for the year 2022/23.

## **ELECTION OF COMMITTEE OF MANAGEMENT**

The Returning Officer took the chair and mentioned that only one nomination was received and that was for the post of Assistant Secretary. He called nominations for the rest of the positions from the floor. Only one name for each position was proposed. All positions were elected uncontested.

<b>Office</b>	<b>Nominee</b>	<b>Proposer</b>	<b>Second</b>
President	Mrs Sarojadevi Suntheralingam	Mr P Panchadcharam	Mr P Elango
Vice President	Mr Karthigesu Ratnakumar	Mr S Ponmailainathan	Mr P Elango
Secretary	Mr Ponniah Elango	Mr P Panchadcharam	Mr S Logenthiran
Treasurer	Mr Nandapala Thuraisingham	Mr P Elango	Mr A Naguleswaran
Assistant Secretary	Mr Rajaratnam Shanmuganathan	Mr P Panchadcharam	Mr P Elango
Assistant Treasurer	Mr Rajadurai Manickarajah	Mr Elmo Xavier	Mr S Suntheralingam
Committee Member 1	Mr K Thangarajah	Mr P Elango	Mr S Karunalayan
Committee Member 2	Mr M Mohankumar	Mr S Suntheralingam	Mr A Naguleswaran
Committee Member 3	Mr V Santhirasegaram	Mr P Elango	Mr S Suntheralingam
Committee Member 4	Dr A Ganeshalingam	Mr P Elango	Mrs S Suntheralingam
Committee Member 5	Mrs Niranjani Naguleswaran	Mrs S Suntheralingam	Mr K Kunaseelan
Committee Member 6	Mrs Kamala Sivanandarajasingham	Mrs P Thangarajah	Mrs N Naguleswaran
Committee Member 7	Mrs Nightingale Yogarajah	Mrs S Suntheralingam	Mrs K Sivanandarajasingham

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Committee Member 8	Mr A Arumuganathan	Mr S Karunalayan	Mr N Murugesu
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The rest of the meeting proceeded with Mrs Saro Suntheralingham on the chair. She called for nomination for the members of the Disciplinary Committee. The following were nominated and elected unanimously:

<b>Name of DC member</b>	<b>Name of Proposer</b>	<b>Name of Seconder</b>
1. Mrs P Thangarajah	Mr S Logenthiran	Mr V M Thevarajan
2. Mr N.C. Rajanayagam	Mr S Logenthiran	Mr S Poopalaretnam
3. Mr M Balakrishnan	Mr S Logenthiran	Mr R Manickarajah
4. Mr C Dickens	Mr C Sivasooriyar	Mr G Santhiran

#### **APPOINTMENT OF RETURNING OFFICER**

Mr A. Sivathondan was proposed to serve as Returning Officer for the year 2022-23 by Mr S Ponmailainathan and seconded by Mr K Ratnakumar. In the absence of any other names Mr A. Sivathondan was declared appointed.

#### **APPOINTMENT OF HONORARY AUDITOR**

Mr R.P. Nadarajah was proposed as Honorary Auditor by Mr K Ratnakumar and seconded by Mr N Thuraisingham. In the absence of any other names Mr R.P. Nadarajah was declared appointed.

Finally, the President Mrs Saro Suntheralingham addressed the members and thanked them for placing trust in her and electing her and the executive committee unanimously. She mentioned that the president and the executive committee alone cannot successfully run the Association and requested the cooperation of every member. She said that this is a large organisation that was started more than 30 years ago by thoughtful Tamil Seniors and had many great presidents. She promised to take the Association forward with dedication.

The secretary Mr Elango thanked the Association for electing him as the secretary in 2021 without knowing much about him and electing him again this time. He said that he had done his best and it is for the members to make their own judgement. He thanked everyone who helped in running the Association effectively and helped with the AGM arrangements. He also requested Mrs Sarojini Nallanthuwan to help us to have exercise classes every week.

Following this the President declared the meeting closed at 12.10 pm and the members were served with sumptuous lunch.

Ponniah Elango  
Secretary  
Tamil Senior Citizens' Association.



# ANNUAL REPORT FOR 2022 / 2023 by the Committee of Management

## For the period 30 September 2022 to 28 September 2023

### 1. Management Committee

A new Management Committee was elected to office uncontested at the Annual General Meeting held on the 29<sup>th</sup> of September 2022.

The first meeting of this Committee was held via zoom on Wednesday (12-10-2022). Until 28/09/2023, a total of ten (10) committee meetings were held with more than 80% of the members attending each of the meetings. Committee meeting is held via zoom.

### 2. Membership

Nineteen (19) new members joined the Association and 29 members had passed away during this period. The total membership stands at 655 as of 30 August 2023.

### 3. Our Activities

2022 URAVU covered the activities up to **11<sup>th</sup> August 2022**. This edition of Uravu (2023) covers the activities from **18<sup>th</sup> August 2022** till **30<sup>th</sup> August 2023**.

#### Summary:

From 16/06/2022 all TSCA activities, the meetings and programmes are taking place face-to-face at Strathfield Community Centre located at 1B Bates Street, Homebush West and the exercise classes are continuing every Mondays via Google Meet. When the meeting were held via Google Meet, we were able to get overseas and inter-state speakers to address us.

The description below of what happened at every Thursday meeting is only a summary. Please visit the TSCA website <https://www.tamilseniors.org.au/> for further details of every event.

#### AUGUST 2022

Thursday 18 - Mrs Saro Suntheralingam spoke on the topic "சிந்தனை செய் மனமே". She explained the importance of the mind health in our happiness. After that, Dr Gowripalan spoke on the topic "Music, mind, mature age and health". He emphasised the importance of exercise and singing in stimulating memory and attention and sang many popular songs. Lunch was sponsored by Mrs Kannammah Paramasivam. The secretary gave the vote of thanks. It was an enjoyable morning.

Thursday 25 - Dr Kala Siva, Dental Surgeon delivered a speech on "Oral Health in Seniors". Dr (Mrs) Manju Rajaratnam spoke on the topic "Am I a matured person?". She emphasised on being optimistic and there will be no problem if we forgive and forget. Both speeches were well received. Mrs Seetha Ramanathan celebrated her birthday with us and sponsored the lunch. The Secretary proposed the vote of thanks.

#### SEPTEMBER 2022

Thursday 1 - 'Isai Arangam' - About 10 members participated and sang songs of their choice. The efforts, enthusiasm, and confidence shown in singing by the members was really praiseworthy. The singers are anxiously waiting for the next Isai Arangam. The Secretary Mr Elango delivered the vote of thanks.

Thursday 8 - Dr Paul Manuel spoke on the topic "எது நிழல், எது நிஜம் – பகுதி 2". Here he connected the triangular love story of Charles, Diana and Camilla with a similar triangular love story of Viswanathanpillai, Thamayanthi and Parvathy which happened at Thirunelvely district. The audience very much enjoyed it. After this Mr Mathalai Somu spoke on the topic "பாட்டுக்கோட்டை பாடல்கள்". He brought out the brilliance of Kavigar Paddukkoddai Kalyanasundaram (PKS). The audience enjoyed both speeches. The lunch was sponsored by Mrs Yoga Subramaniam. The secretary Mr Elango gave the vote of thanks.

Thursday 15 - This was a variety event. Mrs Vimaladevi Vigneswaran sang a few popular carnatic songs. Mr Bala Thiru sang a few vintage cinema songs. Mr Kugananthan repeated (mimicry) a Tamil conference commentary by Kalaignar Karunanithi and sang a song. All these were very much enjoyed by the audience. The lunch was sponsored by Mr Gunaratnam. The secretary Mr Elango gave the vote of thanks.

Thursday 22 - This is the week before the AGM and last regular meeting for the outgoing committee. So, the day was allocated to get feedback from the members (எடுத்துரைத்தல்) and some entertainment.

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Many members praised the executive committee, especially the president. Dr Rajayogan and Dr Gowripalan of Geethasagara group entertained the members with excellent singing of many popular songs. The members very much enjoyed it. The lunch was sponsored by the outgoing committee. The secretary Mr Elango gave the vote of thanks.

Thursday 29 - The **AGM** of TSCA was held at Strathfield Town Hall. Meeting was attended by 99 members. Meeting started with the lighting of the traditional lamp by the Past-Presidents of TSCA Mr Samy Pasupati, Mr Santhiran, Mr Suntheralingam, Mrs Padma Thangarajah and Mr Sivathondan. The Minutes of the Previous AGM, Annual Report and the Audited Financial Report were tabled, discussed and duly accepted by the General Body. A new Management Committee was elected for the year 2022/2023. The meeting ended with lunch.

## **OCTOBER 2022**

Thursday 06 - Navarathiri celebration. Mr Radhakrishnan performed Puja to the three Sakthis – Durga, Luxmi and Saraswathy. Panchapuranam was sung by Mr Thevarajan, Sakalakalaavalli Maalai & Mangalam were sung by Mrs Jeganthan, Jeya-Jeya-Jeya-Sakthi was sung by Mr Panchadcharam. Mr Radhakrishnan spoke on the significance of Navarathiri. Mrs Sivarathi Ketheeswaran gave an Innisai Virunthu. The meeting concluded with the vote of thanks by the secretary Mr Elango. The Prasatham was brought by members.

Thursday 13 -- Isai Arangam - About 12 members participated and sang songs of their choice. Their efforts, enthusiasm, confidence and performance were praiseworthy and very much appreciated by the audience. The lunch was sponsored by Mr Paskaranathan, Mr Amirthalingam, Mr Amirthasingham and Mr Kunaseelan. The Secretary Mr Elango delivered the vote of thanks.

Thursday 20 - Fellowship Day – It was a great success. Members joyfully participated in the event by singing songs of their choice and sharing interesting experiences in their lives. Some members joined together and played indoor games. The lunch was sponsored by Mr Panchadcharam, Mrs Saro Nallathuvan and Mr Logenthiran. The president Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 27 -Deepavali Celebration – Mr Mathalai Somu spoke on the topic “பழம் தமிழர் பண்டிகைகள்”. Here he explained how various celebrations originated and developed over the years in the Tamil Land in India. The lunch was sponsored by Mr & Mrs Suntheralingam. The Secretary Mr Elango delivered the vote of thanks.

## **NOVEMBER 2022**

Thursday 03 - Isai Arangam - About 10 members participated and sang songs of their choice. Their performances were wonderful and very much appreciated by the audience. The lunch was sponsored by Mr Arumugam Perumynar, Mrs Manonmany Krishnasamy, Mrs Hope Rajendran and Mrs Premini Vijayakumar. The Secretary Mr Elango delivered the vote of thanks.

Thursday 10 - Fellowship Day – Mr V Gowrishankaran gave a variety performance which was very much enjoyed by everyone. He beautifully sang some popular Tamil and Hindi songs and advised on how to live simply and happily. Lunch was sponsored by Mr & Mrs Gunaratnam and the members wished Mr Gunaratnam happy birthday and sang prayer songs. The Secretary Mr Elango delivered the vote of thanks.

Thursday 17 - Iyal Arangam – Dr Mrs Chitra Harinesan spoke on Seniors Wellbeing. She gave lot of practical and relevant advice to the seniors. The lunch was sponsored by Mrs Kanagambikai Jeganathan in memory of her late husband. The President and the Secretary spoke about the quiet, kind and loving nature of Mr Jeganathan. Mrs Jeganathan and her son thanked the attendees. The Secretary Mr Elango delivered the vote of thanks.

Thursday 24 - Iyal Arangam – Dr Ganeshalingham gave a video presentation and speech on the topic “Sivaji Ganesan Duet Songs with Famous Actresses – 1952 to 1959”. He detailed the entry of Sivaji into cinema world, variety of roles he played and the heroines he acted with. Lunch was sponsored by Mr Nanda Thuraisingham, Mr Ketharanathan, Mr Sivagnanasundaram and Mr Elango. Secretary Mr Elango delivered the vote of thanks.

## **DECEMBER 2022**

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Thursday 01 - Isai Arangam – 15 members participated and sang songs of their choice – mostly old songs. The lunch was sponsored by Mr Karunalayan, Mrs Jeyarani Thangarajah, Mr Mohankumar and Mr Murugesu. The Secretary Mr Elango delivered the vote of thanks.

Thursday 08 - Iyal Arangam – Mr Jason Li, the member of parliament for Strathfield electorate addressed the members. He mentioned how he is a typical representative of multicultural Strathfield and so proud to represent the residents of his electorate. He detailed various initiatives being taken by him. Lunch was sponsored by the family of late Dr Puvanachandran in memory of him. Few members spoke about Dr Puvanachandran. The Secretary Mr Elango delivered the vote of thanks.

Thursday 15 - Christmas celebration. The whole event was organised and managed by Dr Mrs Nithi Sivathondan. This was attended by the Mayor, Deputy Mayor and a few councillors of Strathfield Municipal Council. Benediction was performed by Rev John Jegasothy. Lunch was sponsored by Mr Rajanayagam, Mr Manickarajah, Mr & Mrs Xavier, Mr & Mrs Rajalingam, Mrs Nalini Pathamatheva and Mr & Mrs (Dr) Sivathondan. Cake was sponsored by Mrs Rita Sathiyamoorthy and Mr & Mrs Xavier. The Secretary Mr Elango delivered the vote of thanks.

**This was the last meeting for the year 2022. The next programme will commence on Thursday 05/01/2023.**

### **JANUARY 2023**

Thursday 05 - Isai Arangam – 11 members participated and sang songs of their choice. Mr Srijevanathan, a former president of Senior Tamils' Centre of Ontario attended our meeting and addressed us. He explained the history and working of their Centre. He mentioned that they have one (1) full time employee and two (2) part-time employees to help the elected committee to run the Centre. The expense for both of these comes from state grants. He praised the TSCA for running our association with the volunteers. The lunch was sponsored by Mr & Mrs Balakrishnan, Mr Thambirajah and Mr Poopalaretnam. The Secretary Mr Elango delivered the vote of thanks.

Thursday 12 - Fellowship Day – Mr Elango gave a talk on “Bharathy & Bharathy's Panchali Sabatham”. He explained various aspects of Bharathy's life and writings and Bharathy's “Panchali Sabatham” is an allegory of Indian independence struggle. He took excerpts from Panchali Sabatham and read them to the audience with brief description. The lunch was sponsored by Mr Thirunavukkarasu, Mr Karunanithy, Mrs Vasugi Mahadevan and Mr Dharmarajah. The cake was sponsored by Mr Kugananthan. The Secretary Mr Elango delivered the vote of thanks.

Thursday 19 - Thai Pongal Celebration – Mr Thirunanthakumar spoke on the topic “தமிழர் திருநாள்”. His speech was interactive with the audience and was very much appreciated. He also touched on the archaeological excavation and the finding at Kizhadi (கீழடி) in Tamil Nadu. The lunch was sponsored by the committee members. The Secretary Mr Elango delivered the vote of thanks.

Thursday 26 - ANZAC Day. No programme

### **FEBRUARY 2023**

Thursday 02 - Isai Arangam – 14 members participated and sang songs of their choice. The lunch was sponsored by Mrs Padma Thangarajah to celebrate her 90th birthday (25/01/2023). Three of her children and a daughter in law were present. A video of her “life story so far” was shown. This was much appreciated by everyone. The Secretary Mr Elango delivered the vote of thanks.

Thursday 09 - Dr Ganeshalingham gave a video presentation and speech on the topic “Sivaji Ganesan Duet Songs with Famous Actresses – 1952 to 1959 – Part 2”. He detailed how Sivaji progressed in cinema world, his varied roles and the heroines he acted with. Lunch was sponsored by Mr & Mrs Tharmapalan. The president thanked those who sponsored the lunch. The Secretary Mr Elango delivered the vote of thanks.

Thursday 16 - Mr Elango gave a talk on “சிலப்பதிகாரம் – அரங்கேற்று காதை”. He read out “அரங்கேற்று காதை” to the audience and explained various aspects of dance arangetram detailed by “இளங்கோ அடிகள்” and how developed it was 2,000 years ago. The lunch was sponsored by Mr Manickarajah, Mr Santhirasegaram and the TSCA Lunch Fund. The President Mrs Saro Suntheralingam delivered the vote of thanks.

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Thursday 23 - Paddukupp Paddu special programme was very ably conducted by Mr N Raguram. Twelve singers enthusiastically participated. They were divided into two (2) teams and the teams competed against each other. Lunch was sponsored by Mr R Ratnakumar and the TSCA Lunch Fund. The Secretary Mr Elango delivered the vote of thanks.

### **MARCH 2023**

Thursday 02 - Isai Arangam – 18 members participated and sang songs of their choice. The lunch was sponsored by Mrs Rita Sathiyamoorthy and Mrs Kala Sivarajah. The Secretary Mr Elango delivered the vote of thanks.

Thursday 09 – Annual outdoor games at Airey Park. The events were book balancing, lime & spoon race, 50m race (men), Musical Walk, 25m race (women) and Relay. 48 people participated. The event was watched by many spectators and everyone enjoyed. Lunch was sponsored by Mr Arumugam Perumynar in memory of his father. The Secretary Mr Elango delivered the vote of thanks.

Thursday 16 – Bensoc AGM. No TSCA activities.

Thursday 23 – Annual cricket match and Prize Giving. 17 players participated in the cricket match and the match was watched by 40 members. Everyone enjoyed. Prize giving ceremony was held after the cricket game. Prize giving was graced by Strathfield Mayor Cr Karen Pensabene, Cr Raj Datta, Cr Nella Hall, Dr Bala & Mrs Devi Bala. Lunch was sponsored by TSCA. The Secretary Mr Elango delivered the vote of thanks.

Thursday 30 – Innisai Virunthu by Dr R Rajayogan and Dr Gowribalan of “Sydney Geethasagara” music group. They together beautifully sang 16 Golden Tamil songs. The lunch was donated by Murugan Temple. The Secretary Mr Elango delivered the vote of thanks.

### **APRIL 2023**

Thursday 06 – Isai Chiththiram by Dr Bharathy Ilamurugan and Dr Sivarathi Ketheswaran. Dr Sivarathi set the songs written by Dr Bharathy to music and sang in her melodious voice. Dr Bharathy explained the context and meaning of each song. The lunch was sponsored by Dr Bharathy. The Secretary Mr Elango delivered the vote of thanks.

Thursday 13 - Dr Ganeshalingham gave a video presentation and speech on the topic “The Best of Sivaji & K R Vijaya Duets”. With great effort he collated and presented 21 best duets songs of Sivaji & KR Vijaya. Lunch was sponsored by Dr Ganeshalingham and Mrs Susee Ganesalingham. The Secretary Mr Elango delivered the vote of thanks.

Thursday 20 – Chiththirai New Celebration. Ms Sounthary Ganeshan spoke on “வாலிப கவிஞர் வாலியின் திரை இசைப் பாடல்கள்”. She demonstrated the beauty of Kavignar Vaali's songs by singing a few of them. Ms Amirthakala Gnanaratnam and her daughter Chandrika Gnanaratnam beautifully sang a few carnatic songs. Lunch was sponsored by Dr K Kugathan and Dr Mrs Thilagawathy Kugathan. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 27 – **Women's Day**. The whole programme was managed and performed entirely by the lady members. There was comedy conversation (நகைச்சுவை உரையாடல்) by Mrs Seetha Ramanathan and Mrs Vasugi Mahadevan, musical medley (இசைக் கதம்பம்) by Mrs Elizabeth Rodrigo, Mrs Moira Philips and Mrs Arunthathy Jeyaseelan, women day songs (மங்கையர் தின பாடல்கள்) by Mrs Kanagambikai Jeganathan, and a comedy drama (நகைச்சுவை நாடகம்) “Kangaroo Matrimony” written & directed by Mrs Thevaki Karunakaran and acted by Mrs Nirmala Selvanathan, Mrs Lalitha Devadas, Mrs Nightingale Yogarajah, Mrs Sarojini Nallanthuvan, Mrs Susee Ganeshalingam, Mrs Elizabeth Rodrigo and Mrs Niranjani Naguleswaran. The day was full of fun and laughter and was very much enjoyed by everyone. Mrs Sona Prince was the special guest and well summed up the day's events. Lunch was sponsored by Mrs Mahalingam in memory of her brother Mr Ganesharajah. The President Mrs Saro Suntheralingam delivered the vote of thanks.

### **MAY 2023**

Thursday 04 - Mr Elango gave a talk on “பாரதிதாசன் கவிதைகள்”. He gave a brief biography of Bharathidasan and read a few verses of his poems and explained the beauty of them. The President Mrs Saro Suntheralingam delivered the vote of thanks. Mr Birinthavanathan from Annai Illam in Mannar

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spoke about the services they do to underprivileged and needy children / students in Mannar. Members voluntarily and spontaneously collected funds and contributed to Annai Illam. The lunch was sponsored from the TSCA Lunch Fund. The Secretary Mr Elango delivered the vote of thanks.

Thursday 11 - Mr Thanapalasingham gave a talk on “பாரதியின் ஞானரதம்”. He quoted excerpts from “Gnanaratham” and gave and explained the deeper meanings of them. The lunch was sponsored by Mr Arumuganathan, Mr Charles Dickens, Mrs Pillay and Mr & Mrs Xavier. The Secretary Mr Elango delivered the vote of thanks.

Thursday 18 – This was a “Seniors Health Programme”. Mr Nader a pharmacist and diabetic educator spoke on “Management of Diabetes for Seniors”. Mr S Brabaakaran of “Boost Care” made a presentation on “Commonwealth Home Support Program (CHSP) and Home Care Package (HCP)” and how to access it. Lunch was sponsored by Mrs Mangai Thuraisingham, Mrs Kandasamy, Mr Radhakrishnan and Mr Rajanayagam. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 25 – Mr Sathyasingan spoke on the topic “The Science of Indian Astrology” “இந்திய ஜோதிடத்தின் விஞ்ஞானம்”. He gave reasons and explanations why Indian Astrology is not based on superstition but on sciences like astronomy, physics, psychology, astrophysics and spirituality. Lunch was sponsored by Mr & Mrs Sivathondan, Mr & Mrs. Sathyasingan and TSCA Lunch Fund. The President Mrs Saro Suntheralingam delivered the vote of thanks.

## **JUNE 2023**

Thursday 01 - Isai Arangam – 14 members participated and sang songs of their choice. The lunch was sponsored by Dr Indrarajah in memory of Mr Navaratnavel. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 08 – Iyal Arangam – Dr Ganeshalingham gave a beautiful and informative video presentation of “Dance performance in movies by dancer and actress Kamala Laxman”. This was very well compiled and presented. The lunch was sponsored by Mr Nagarajah. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 15 – Iyal Arangam - Mr Panchadcharam gave an informative talk “My visit to Sri Lanka” “இலங்கைப் பயணம், பார்த்ததும் பார்க்கவேண்டியதும்” with PowerPoint presentation. Lunch was sponsored by Mrs Kannamma Paramasivam, Mrs Rukmani Thirunavukkarasu, Mr Nadarajah and TSCA Lunch Fund. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 22 – Iyal Arangam – Dr Mrs Chandrika Subramanian gave an informative talk on “Devotion in Kambar’s Poetry” “கம்பனில் பக்தி”. She explained how Kambar’s devotion permeates Kambaramaynam. Lunch was sponsored by Mr Sanmugam and TSCA Lunch Fund. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Saturday 24 – **Grandchildren’s Day** was celebrated at Carrington Church Hall. President Mrs Saro Suntheralingam presided the event. The programme was MCed by Abinayayan Rajkumar. Jason Li the MP for Strathfield was guest of honour, Ms Karen Pensabene the Mayor of Strathfield Council was chief guest and Ms Maryanne Duggan, former councillor of Strathfield Council was guest. 21 grandchildren participated in person and 2 grandchildren participated through video. Some of these were showstopping performances. There were speeches, poem, instrumental music and gymnastics. Snacks and refreshments were provided to all the participants and attendees. The past presidents of TSCA Mr S Suntheralingam, Mrs P Thangarajah, Mr A Sivathondan and Mr P Panchadcharam were honoured. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 29 – Members Day – Dr Mrs Nalayini Sugirthan gave a very informative useful talk on “Mental Health in Old Age”. This topic is very relevant to our members. Lunch was sponsored by the TSCA Lunch Fund. The President Mrs Saro Suntheralingam delivered the vote of thanks.

## **JULY 2023**

Thursday 06 - Isai Arangam – 16 members participated and sang songs of their choice. 4 (2 pairs) of them sang duets. The lunch was sponsored by Mrs Bala Ariyanayagam, Mr & Mrs Gananadha, Mr Chandrapavan and TSCA Lunch Fund. The President Mrs Saro Suntheralingam delivered the vote of thanks.

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Thursday 13 – Iyal Arangam – Dr Gnanasampanthan gave a talk on “Social Organisation and Broader Knowledge”. He explained how one acquires knowledge and how society and environment influence it. Lunch was paid by the members with subsidy from the TSCA Lunch Fund. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 20 – Iyal Arangam – Dr Paul Manuel gave a talk titled “Kathai Pirantha Kathai”. TSCA honoured Mr Veluppillai. The President, Dr Paul Manuel and many others from the audience spoke about the great services rendered by Mr Veluppillai to the TSCA, individuals and the general community. He was draped with gold shawl (பொன்னாடை போர்த்தி கௌரவிக்கப்பட்டார்). Lunch was sponsored by Mr Kalvalai Seyon and Mr Sivasooriyar. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 27 – **Men’s Day** & Members Day – The programme was a combination of “இயல், இசை, நாடகம்”. The president gave the welcome speech and after the programme was conducted by Mr Manickarajah. Mr Thirunanthakumar was the chief guest and gave “அறிமுக உரை”. Mr Bala Thiru gave a wonderful musical performance. Mr Suntheralingam gave an excellent and hilarious dramatic performance called “நீங்காத நினைவுகள்” which kept everyone entertained. Mr Gowrishankaran gave a comedy speech titled “சிந்தியுங்கள் சிரியுங்கள்” narrating funny stories. Dr Bharathy & Mr Pavalan Vikraman together gave a “இயல் இசை” programme of singing songs and interpreting them. Mr Manickarajah delivered the vote of thanks. Lunch was sponsored by Mr & Dr Mrs Kailainathan.

#### **AUGUST 2023**

Thursday 03 - Isai Arangam – 14 members participated and sang songs of their choice. The lunch was sponsored by Mr & Mrs Naguleswaran. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 10 - Fellowship Day – Members joyfully participated in the event by singing songs of their choice and sharing interesting experiences in their lives. Some members joined together and played indoor games. Members purchased their lunch at subsidised cost. The President Mrs Saro Suntheralingam delivered the vote of thanks.

Thursday 17 - Fellowship Day – Members joyfully participated in the event by singing songs of their choice, sharing interesting experiences in their lives, anecdotes and quizzes. Some members joined together and played indoor games. Members purchased their lunch at subsidised cost. The Secretary Mr Elango delivered the vote of thanks.

Thursday 24 – Iyal, Isai Arangam – Mrs Kanagambigai Jeganathan sang Carnatic songs of various compositions. Mr Panchadcharam spoke about his recent visit to Sri Lanka displaying the photos he took during the trip and also mentioning the historical aspects. An appeal was made for financial contribution to repair / upgrade the premier ladies’ school “Ramanathan College” in Jaffna. A sum of money was collected and handed over. Lunch was sponsored by Mrs Kamala Sivanandarajasingam, Mr Suntheralingam and Mrs Suryakala Sathyasingam. The Secretary Mr Elango delivered the vote of thanks.

Thursday 31 – Iyal Arangam - Mr. Kieran Eswaran and other staff of Jesmond Aged Care presented a talk and discussion on "Jesmond Home Care & Nursing Care". They explained in detail about the different services provided by them and assistance given by Government to the aged and how we can obtain the said services through them. The lunch was sponsored by Jesmond Nursing Home. The Secretary Mr Elango delivered the vote of thanks.

#### **4. Physical Exercise Classes**

Physical exercise classes were being conducted on every Monday of the week via “Google Meet.”, under the able guidance of Mrs Sarojinidevi Nallanthuvan. Our sincere gratitude to Mrs Sarojinidevi Nallanthuvan and Mr Panchadcharam who assisted her when needed. These exercises offer great benefits to our members to live a longer and healthier life.

#### **5. Arts & Crafts**

No Arts & Crafts activities took place this year because of the non-availability of volunteers to conduct these classes.

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(Contd. from page 11)

## **6. Indoor & Outdoor Games**

Both outdoor and indoor games competition were organised and the results are published elsewhere in the magazine. Many members enthusiastically participated in the games. The facilities to play indoor games is available at Bates Street Community Centre on Thursdays the Centre is open and many members are making use of it.

## **7. "Isaiyarangam & Iyal Arangam**

First Thursday of the month, the members are offered the opportunity to showcase their singing skills (Isai Arangam) and they enthusiastically participate. On other Thursdays they are offered the opportunity to give speeches (Iyal Arangam) but not much of response. However, we invite outsiders who are experts in various fields of interest to make speech / presentation.

## **8. Website**

TSCA's website is actively managed by secretary, Mr Thevarajan and others with the Weekly Journal and photo albums. This website serves to keep our members and the world aware of our activities. Thanks to all the members who keep it updated.

## **9. Photographs**

Mr Kunaseelan takes photographs of all the activities of our Association including our weekly meetings and these are being sent to all members who have email facilities by the secretary. Thank you Mr Kunaseelan for the excellent photographs.

## **10. Videos**

The proceedings of the weekly meeting (both Goggle Meet and face-to-face) are recorded by the secretary, edited by Dr Ganeshalingam and circulated to the members by the secretary via email. Thank you, Dr Ganeshalingam, for the timely and excellent editing.

## **11. Weekly Meetings and Venue**

Weekly meetings and indoor games are held at Strathfield Community 1B Bates Street, Homebush West. This is given to us at a heavily subsidized rent which was negotiated by our past president Mr Sivathondan. This year, by oversight the Council sent us an invoice with lesser subsidy which we would not have afforded. This was rectified with the help of Strathfield Mayor Mrs Karen Pensabane and we got the negotiated subsidy. Profuse thanks and appreciation to Mrs Karen Pensabane.

We were offered the Homebush West Community Centre as an alternative location to conduct our activities. After inspection of this venue, the Committee decided not to take this offer due to lack of storage facilities, car parking and space for indoor games.

## **12. Acknowledgements**

We would like to commend all those, especially our past presidents and other office bearers, who supported us in ensuring that the TSCA continues to be a strong and loud voice in our efforts to improve the quality of life for the seniors.

The Management Committee has great pleasure in gratefully acknowledging the enormous contributions made by our members in various ways enabling us to accomplish our tasks to the best of our ability. Sincere thanks to those who work unheralded.

- Mr. N.Murugesu for opening and closing the centre.
- Mr Logenthiran, Mr Santhirasekaram and Mr Murugesu, Mr R Ratnakumar, Mr Sivagnanasundaram, Mr Suntheralingam, Mr Manickarajah, Mr Naguleswaran for arranging the hall in the mornings, stacking the chairs back in the afternoon and cleaning the hall.
- Mr Naguleswaran for purchasing the provisions, cups, plates etc.
- Mr Kunaseelan for taking photographs
- Mrs Sarojini Nallanthuvan for doing excellent work in conducting the exercise classes. Mr Panchadcharam in assisting Mrs Nallanthuvan and conducting the classes in her absence.
- Mr Neville Thiru for helping with the preparation of accounts and liaising with the auditor to get it audited on time.

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- Mrs Kamala Sivanandarajasingam, Mrs Niranjani Naguleswaran, Mrs Nightingale Yogarajah for making tea and coffee and serving our members, arranging lunch plates and cutlery, cleaning the utensils and the kitchen after the lunch.
- All the committee members and volunteers who helped in arranging the lunch table and serving lunch and serving lunch to members.
- All the volunteers for organising and distributing lunch tokens
- Mr Panchadcharam, Mr Santhirasegaram, Mr Logenthiran, Dr Ganeshalingam, Mr R Ratnakumar and Mr Chandrapavan for organising the sound and video systems.
- Dr Ganeshalingham for organising the singers for Isai Arangam, preparing the programme notices and editing of the programme videos.
- Mrs Saro Suntheralingam for arranging the speakers and ably presiding the weekly meetings.
- Mr. Ketharanathan for arranging the preparation and transport of lunch from Murugan Temple weekly.
- All the singers who sang cinema, Hindu and Christian songs in the weekly meetings.
- Mr. Sivathondan in helping to satisfy the reporting requirement of ACNC.
- Mr Thevarajan for wonderfully compiling and editing and doing the designing and print layout of "Uravu", thereby saving a considerable amount of dollars for the Association.
- Mr. Sivathondan for functioning as the Returning Officer.
- Mr Santhirasegaram for carrying on the duties of the secretary during his absence.

We also express our thanks to:

- Strathfield Municipal Council for allowing us the use of the Community Centre Hall for our weekly gatherings at a concession rate of hire, Airey Park for our annual outdoor game competitions and the office space for BENSOC, our affiliate.
- Strathfield Mayor Mrs Karen Pensabane for being easily accessible and helping us to sort all the contentious issues with the Council.
- Members / their families who hosted lunch at our meetings.
- "abc Print Shop" for printing our News Bulletin "Uravu" and the Member's Directory.
- Sydney Murugan Temple and other caterers for the catering.
- Our Honorary Auditor Mr.Ravi P Nadarajah for his remarkable voluntary service.

### **Concluding Remarks**

Finally, the Management Committee wishes to acknowledge the outstanding contribution made to this Organisation by the past presidents and the present President, Mrs Saro Suntheralingam. Special appreciation and thanks to Mr A. Sivathondan for his leadership over his three years as a President, especially his skilful negotiation with Strathfield Council in getting big subsidy on rent.

On behalf of the Management Committee and on my own as Secretary of the Association, I wish to record my appreciation and gratitude for the trust and confidence you all have placed on us. We wish the Association and each and every one of the members a bright future in the coming years.

As the secretary I wish to place on record the guidance and assistance given to me by the past secretary Mr Thevarajan, past presidents Mr Sivathondan and Mr Panchadcharam and present president Mrs Saro Suntheralingam and those who carried on my duties during my long absence. My thanks to all the committee members for their cooperation.

On behalf of the Management Committee

Ponniah Elango  
Secretary TSCA

### **TSCA Annual Subscriptions**

**Our Financial Statement for the current year (2022-2023) shows that a sum of \$5030 is due from our members as annual subscriptions. Members are kindly requested to pay the dues before the AGM and give their continued cooperation.**

## TSCA Sports Tournament 2022-2023 Results

	<b>SPORTS TOURNAMENT 2022/23</b>		
	<b>EVENT</b>	<b>WINNER/S</b>	<b>RUNNER/S UP</b>
<b>1</b>	<b>BOOK BALANCING</b>	A. NAGULESWARAN	P. PANCHADCHARAM
<b>2</b>	<b>BRIDGE - OPEN</b>	G. SANTHIRAN &	S. AMIRTHALINGAM &
		S. SIVASOORIYAR	V. SANTHIRASEGARAM
			A. DHARMARAJAH &
			P. PASKARANATHAN
<b>3</b>	<b>CARROM DOUBLES - MEN</b>	T. PRAPHAKHARAN &	S. SUNTHERALINGAM &
		S. SIVAGNANASUNDARAM	S. THIRUNAVUKARSU
<b>4</b>	<b>CARROM DOUBLES - WOMEN</b>	Mrs S. SUNTHERALINGAM &	Mrs L. DEVADAS and
		Mrs K. SIVANANDARAJASINGHAM	Mrs N. SELVANATHAN
<b>5</b>	<b>CARROM -SINGLES - MEN</b>	S. THIRUNAVUKARSU	S. SIVAGNANASUNDARAM
<b>6</b>	<b>CARROM SINGLES - WOMEN</b>	Mrs K. SIVANANDARAJASINGHAM	Mrs N. SELVANATHAN
<b>7</b>	<b>CHESS - OPEN</b>	G. SANTHIRAN &	T. SUNDARARAJAH
<b>8</b>	<b>DRAUGHTS OPEN</b>	P. THAMBIRAJAH	K. KUNASEELAN
<b>9</b>	<b>LIME AND SPOON</b>	Mrs K. SIVANANDARAJASINGHAM	Mrs S. NALLANTHUWAN
<b>10</b>	<b>50 Metres RACE - MEN</b>	K. KUNASEELAN	Dr A GANESHALINGAM
<b>11</b>	<b>MUSICAL WALK - OPEN</b>	Mrs R. GUNASINGHAM	P. PANCHADCHARAM
<b>12</b>	<b>RUMY-O - OPEN</b>	Mrs S. NALLANTHUWAN	Mrs L. DEVADAS
<b>13</b>	<b>SCRABBLE - OPEN</b>	Mrs K. SIVANANDARAJASINGHAM	G. SANTHIRAN
<b>14</b>	<b>TABLE TENNIS - DOUBLES</b>	P. PASKARANATHAN &	N. RATNAVALE &
		S. C. DICKENS	S. SUNTHERALINGAM
<b>15</b>	<b>TABLE TENNIS - SINGLE</b>	P. PASKARANATHAN	S. C. DICKENS
<b>16</b>	<b>25 Metres RACE - WOMEN</b>	Mrs S. GANESHALINGAM	Mrs N. YOGARAJAH
<b>17</b>	<b>RELAY</b>	A. NAGULESWARAN	Mrs L. DEVADAS
		Mrs N. NAGULESWARAN	K. KUNASEELAN
		Mrs K. SIVARAJAH	S. SUNTHERALINGAM
		K. VEERASINGHAM	Mrs N. YOGARAJAH
<b>18</b>	<b>CRICKET CHALLENGE TROPHY. MEMBERS OF THE WINNING TEAM</b>		<i>Trophy in memory of Senator Kanaganayagam sponsored by Dr Bala and Mrs Bala</i>

	<b>SPORTS TOURNAMENT 2022/23</b>		
	Mrs S SUNTHERLINGAM	Captain	
	Mr S KETHARANATHAN		
	Mr K KUNASEELAN		
	Mr T SUNDARARAJAH		
	Mrs N YOGARAJAH		
	Mr C P ILAMURUGAN		
	Mr M MAHALINGAM		
	Mr S C DICKENS		
	Mr P PANCHADCHARAM		
	<b>UMPIRES</b>	Mr V. GOWRISHANKAR & Mr R. SITSABESAN	
	<b>SCORERS</b>	P. PASKARANATHAN & N. MURUGESU	
<b>PERPETUAL CHALLENGE TROPHY</b>			<i>Trophies Sponsored by</i>
<b>BRIDGE</b>	<b>WINNERS</b>	G. SANTHIRAN & S. SIVASOORIYAR	<i>Trophy in memory of Mr Ponnuthurai sponsored by Mr Ponnuthurais Family</i>
	<b>JOINT RUNNERS UP</b>	S. AMIRTHALINGAM & V. SANTHIRASEGARAM	<i>Trophy in memory of Mr Subramaniam sponsored by Mr S. Karunalayan</i>
		A. DHARMARAJAH & P. PASKARANATHAN	
<b>CRICKET</b>	<b>PLAYER OF THE MATCH</b>	Mr S C DICKENS Mr K KUNASEELAN	<i>Trophy sponsored by Mr Thuraiappa Sivasubramaniam</i>
<b>TOURNAMENT</b>	<b>SPORT WOMAN OF THE ANNUAL TOURNAMENT</b>	Mrs K. SIVANANDARAJASINGHAM	<i>Trophy sponsored by Mr R Naganathan</i>
<b>TOURNAMENT</b>	<b>SPORT PERSON OF THE ANNUAL TOURNAMENT</b>	Mrs K. SIVANANDARAJASINGHAM	<i>Trophy in memory of Mr Pushpanathan sponsored by Mr P. Paskaranathan</i>



Our members at the AGM  
2022

Standing in salute for the  
National Anthem of Australia



Members at the AGM  
of BENSOC - 2023



## Cricket Match -



## PRIZE GIVING





## Women's Day



Scenes from the drama "Kangaroo Matrimony"

Speech of appreciation by the Chief Guest

Mrs Sona Prince



Drama Group with the writer and diirector Mrs Thevaki Karunakaran



# MEN's day



**Our Chief Guest Mr T. Thirunanthakumar addresses the Men's Day audience.**



**Solo acting performance of our past President Mr S. Suntheralingam**



**Mr Pavalan singing the poems compiled by Dr B.S. Bharathy**



**Stand-up Comedy by our member Mr V. Gowrishankaran**



**Audience enjoying the humour and comedy .**



**It was really a day full of fun and laughter**



**Another good pose of Mr S. Suntheralingam in his solo performance**



## CHRISTMAS 2022





# GRANDCHILDREN'S DAY



Presidential address

Guests with the audience



Grandchildren proudly holding their certificates.



Cr Karen Pensabene addressing the audience



Some of the grand children performing at the stage





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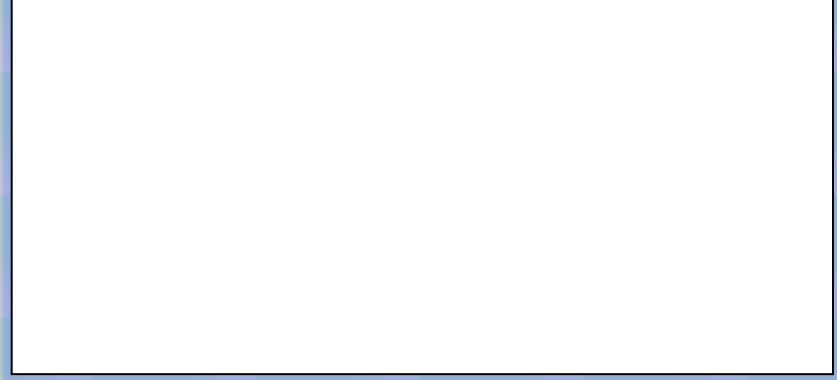
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அன்பு உறவுகளே !

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Dear friends,

Please encourage your friends and relatives to join our Association and get benefitted while helping others. For further details and Membership Application Form, please visit our website [tamilseniors.org.au](http://tamilseniors.org.au)

